Keratocystic Odontogenic Tumour with Extraosseal Spread: Evaluation of the Effect Carnoy's Solution

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Abstract: Keratocystic odontogenic tumour is relatively rare benign tumour. It is characterized by its fast aggressive growth and high risk of recurrence. Treatment is always surgical: conservative (enucleation, marsupialization) or aggressive (enucleation followed by application of Carnoy's solution, cryotherapy; peripheral ostectomy or en block resection of the jaw). Authors analysed retrospectively 22 patients who fulfilled inclusion criteria, i.e. had odontogenic keratocystic tumour of mandible, wherein antero-posterior dimension was at least 30 mm, and the tumour penetrated into the surrounding soft tissues. All patients underwent tumour enucleation, in 11 patients Carnoy's solution was given into the bone cavity after enucleation. The recurrence rate in the evaluation at least 36 months after surgery was both patient groups the same: 45.4%.

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Introduction

Keratocystic odontogenic tumour (KCOT, previously published under the name of odontogenic keratocysts, first described by Philipsen in 1956) is relatively rare benign tumour characterized by its fast aggressive growth and high risk of recurrence (Ahlfors et al., 1984; Agaram et al., 2004; Madras and Lapointe, 2008).

KCOT incidence is highest among 20–30 years of age (40–60% of all cases of KCOT) (Forssell et al., 1988; Maera et al., 1998; Myoung et al., 2001; Marx and Stern, 2003; Morgan et al., 2005; Madras and Lapointe, 2008), is more common in men than in women. In children less than ten years the occurrence is reduced mostly to association with Gorlin-Goltz syndrome (NBCCS – naevus basal cell carcinoma syndrome) (Ghali and Connor, 2003). Prevalence is more than twice as high in the lower jaw than in maxilla, while the most often affected area is the angle of the mandible and the third molar region with spreading to the body and branch of the jaw (Forssell et al., 1988; Maera et al., 1998; Myoung et al., 2001; Marx and Stern, 2003; Morgan et al., 2005; Madras and Lapointe, 2008). In maxilla the mostly affected area is third molars and incisors area (Voorsmit et al., 1981; Maera et al., 1998; Myoung et al., 2001; Marx and Stern, 2003). KCOT occurrence is solid or multiple, the diameter varies among millimetre to large tumours affecting more anatomic structures (Ghali and Connor, 2003).

KCOT develops from dental lamina epithelium, bazal cells of oral epithelium or the epithelium of enamel organ. Histologically is characterized by presence of keratin in the liquid inside the tumour. Tumour lining is formed by regular squamous epithelium consisting of hyperchromatic cuboidal bazal cells with palisade shaped nuclei (dermoepidermal junction is flat without typical junction naevi). On the surface of the lining is fibrous wall (primarily non-inflamed) with the presence of satellite "daughter" cells (Emerson et al., 1972; Forssell et al., 1988; el-Hajj and Anneroth, 1996; Jordan, 2003; Marx and Stern, 2003).

Most KCOT are clinically asymptomatic (diagnosed commonly as an incidental finding on the radiograph of the jaws). If clinically manifests, it is characterized by the presence of pain and hypoesthesia in area of n. mentalis (caused by pressure on the mandibular canal) and bone expansion. Greater extended tumours may cause looseness of teeth (Ahlfors et al., 1984; Maera et al., 1998; Ghali and Connor, 2003; Marx and Stern, 2003; Madras and Lapointe, 2008). Extensive tumours are prone to rupture. If the rupture occurs, cystic fluid containing keratin penetrates into surrounding soft tissues, which may cause intense inflammatory response accompanied with swelling (Marx and Stern, 2003). In the KCOT localized in maxilla are published cases of tumour expansion to antrum Highmori causing destruction of the orbital floor and eye ball protrusion. Literature reports cases of invasion to skull base (Ahlfors et al., 1984; Gorlin, 1987; Ghali and Connor, 2003).

Diagnostics is based on imaging methods: panoramic and periapical X-ray, computed tomography (CT), magnetic resonance (MR). Characteristic finding is uni- or multilocular cystic lesion. However, the only reliable method of diagnosis is

histological verification of the tumour (Ahlfors et al., 1984; Ghali and Connor, 2003; Marx and Stern, 2003; Madras and Lapointe, 2008).

Treatment of KCOT is surgical. It consists in complete removal of the tumour (Dammer et al., 1997; Bataineh and al Quadah, 1998; Stoelinga, 2001; Ghali and Connor, 2003; Marx and Stern, 2003; Morgan et al., 2005; Maurette et al., 2006).

Retrospective study evaluates recurrence rate 36 months after surgery in patients with KCOT. The presence of recurrence was diagnosed according to the finding of clinical investigation, X-ray, eventually CT scans. Development of recurrence was assessed in relation to the type of surgical treatment: enucleation and enucleation followed by Carnoy's solution (CS) application.

Material and Methods

The retrospective study consists of patients hospitalized and treated surgically with KCOT of the mandible consecutively in the years 2007–2010 at the Department of Dental Medicine, First Faculty of Medicine, Charles University in Prague and General University Hospital in Prague, Prague, Czech Republic. The study included patients with the ventro-distal dimension of the tumour at least 30 mm. Bone of the jaw was resorbed by the tumour and the tumour was in direct contact with surrounding soft tissues in all cases.

The study included only patients without endocrine, skeletal, rheumatic and oncologic diseases. Patients with Gorlin-Goltz syndrome were excluded. It decreased number of patients to 22.

Study consisted of 22 patients (13 men, 9 women), age range 11–85 years. In all patients the KCOT diagnose was histologically verified, however, all included patients had solidly occurred tumour. All 22 patients underwent enucleation of KCOT under general anaesthesia (in all patients intraoral approach was used). In all cases mechanical curettage of bone cavity followed the enucleation. In 11 cases the curettage was followed by application Carnoy's solution (compound of 3 ml chloroform, 6 ml absolute ethanol, 1 ml glacial acetic acid, 1 g FeCl₃; CS). CS was applied on gauze directly in the bone cavity for 60 seconds, once repeated immediately. The procedure was followed by wash out of the cavity with 300 ml sterile saline. CS has been used since 2009 based on literature (Blanas et al., 2000; Madras and Lapointe, 2008; Güler et al., 2012; Johnson et al., 2013), where use of Carnoy's solution after tumour removal decreases recurrence rate. In all cases the surgical wound was closed primarily.

Statistical analysis

Statistical tests suitable for this study were chosen Shapiro-Wilk (S-W) test for normality, Student *t*-test (t) and F-test (F). It is possible to compare both groups (group K, where curettage after tumour removal was performed and group KC, where curettage and subsequently Carnoy's solution application were performed after tumour removing), if we assume that the data are normally distributed and

t-test and F-test indicate equals between these groups. Significance level was p=0.05 for S-W test and p=0.01 for *t*-test and F-test.

Normality test: Shapiro-Wilk normality test Group K: S-W = 0.9031, p-value = 0.2014 Group KC: S-W = 0.936, p-value = 0.475

We accept hypothesis H_0 , as p-value > 0.05 at level of significance p=0.05. Data from both groups (K and KC) are normally distributed. Condition for the other both tests is fulfilled.

Student t-test

Score of this test came out: t = -1.6554, df = 20, p-value = 0.1134. Because p-value is not less than p (p-value > p) at level of significance p=0.01, it is not possible to reject null hypothesis about inequality of both these averages.

F-test

Score of F-test came out: F = 2.7679, num-df = 10, denom-df = 10, p-value = 0.1238. Because p-value is not less than p (p-value > p) at level of significance

Table 1 - Recurrence rate compared to age

Age category	Recurre	D://		
(years)	С	C+CS	Difference	
0–30	0.0%	_	_	
31–60	80.0%	37.5%	42.5%	
61–90	33.3%	66.6%	-33.3%	
Sum (%)			9.2%	

C - curettage; C+CS - curettage + Carnoy's solution



Figure 1 – Age category comparison.

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p=0.01, it is not possible to reject null hypothesis about dispersions inequality. There is no significant difference between dispersion in both groups (i.e. selections are from the same basic set with a common variance).

If we assume just absolute number not related to age, the recurrence rate for both groups is the same – 45.4%. When compared to age of patients 3 groups were defined: A1: 0–30 years, A2: 31–60 years, A3: 61–90 years. Recurrence rate review show Table 1 and Figure 1.

- A1: Age group A1 cannot be assessed, because it includes only patients from group C.
- A2: Recurrence rate in group C is 80% (4 from 5 cases). In group C+CS the recurrence rate is 37.5% (3 from 8 cases). In group C+CS the effect of treatment is 42.5% higher than in group C.
- A3: In group C recurrence occur in 33.3% cases (1 from 3 patients). In group C+CS recurrence rate is 66.6% (2 from 3 patients). Group C+CS shows impairment in 33.3% compared to group C.

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Results
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Distribution by gender Men – 13 patients (58.3%) Women – 9 patients (41.7%)

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Distribution by age (Figure 2)
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The age range of patients was 11-85 years, average age was 45.65 years.

- 1) decennium (0-10 years) 0
- 2) decennium (11-20 years) 3 patients (1 man, 2 women) 13.6%
- 3) decennium (21-30 years) 0
- 4) decennium (31-40 years) 7 patients (5 men, 2 women) 32.1%
- 5) decennium (41-50 years) 3 patients (2 men, 1 woman) 13.6%
- 6) decennium (51-60 years) 3 patients (2 men, 1 woman) 13.6%



Figure 2 – Distribution of age.

Keratocystic Odontogenic Tumour: Carnoy's Solution

	Type of treatment after enucleation	36 months after operation (recurrence: +)
W, 66 years	С	0
M, 18 years	С	0
M, 35 years	С	0
W, 16 years	С	0
M, 33 years	С	+
M, 32 years	С	+
M, 33 years	С	+
M, 85 years	С	0
W, 62 years	С	+
W, 11 years	С	0
M, 38 years	С	+

Table 2 - Patients treated with enucleation and curettage

W - woman; M - man; C - curettage

Table 3 – Patients	treated with	enucleation	curettage	and CS a	nnlication
Table 5 - ratients	treated with	enucleation,	cureilage	anu CJ a	ppiication

	Type of treatment after enucleation	36 months after operation (recurrence: +)
M, 73 years	C+CS	+
W, 44 years	C+CS	0
W, 32 years	C+CS	0
W, 34 years	C+CS	+
M, 44 years	C+CS	+
M, 57 years	C+CS	0
W, 56 years	C+CS	0
M, 44 years	C+CS	+
M, 67 years	C+CS	0
M, 57 years	C+CS	0
W, 68 years	C+CS	+

W - woman; M - man; C - curettage; C+CS - curettage + Carnoy's solution

7) decennium (61–70 years) – 4 patients (1 men, 3 women) – 18.1%

8) decennium (71-80 years) - 1 patient (man) - 4.5%

9) decennium (81-90 years) - 1 patient (man) - 4.5%

Treatment of bone defect after KCOT removal

Enucleation with curettage – 11 patients (7 men, 4 women). Recurrence rate after enucleation with curettage shows Table 2.

Enucleation with curettage + Carnoy's solution application – 11 patients (6 men, 5 women). Recurrence rate after enucleation with curettage + Carnoy's solution application is shown in Table 3.

Surrounding soft tissues in direct contact with KCOT were not resected.

Age category (years)	С		C+CS	
	non rec	rec	non rec	rec
0–30	3	0	_	_
31–60	5	4	8	3
61–90	3	1	3	2

Table 4 – Age distribution compared to recurrence rate

C - curettage; C+CS - curettage + Carnoy's solution; non rec - no recurrence; rec - recurrence

Complications after Carnoy's solution application

Hypoesthesia, anaesthesia in n. mentalis region ipsilateral to operation site wasn't observed in any patient.

Recurrence rate evaluation

Recurrence number evaluated 36 months after operation was 10 patients (45.4%). In both groups was recurrence rate same – 5 patients. Differences between the two groups in the number of relapses was no significant difference (p>0.05) when absolute numbers considered.

Average age in patients group treated with enucleation and curettage was 39.6 years (same for patients with and without presence of recurrence).

In group treated with enucleation and CS application was 52.3 years (in patients with recurrence was 52.6 years) (Table 4).

Adding up – if the assessments for all categories (except A1, which has only been used curettage), reducing the number of relapses by almost 9.2% for the C+CS group compared C.

Discussion

Risks and problems of the treatment of KCOT is a large number of recurrences. In the literature is relapse range 25–60% (Vedtofte and Praetorius, 1979; Maera et al., 1998; Myoung et al., 2001; Marx and Stern, 2003; Maurette et al., 2006; Madras and Lapointe, 2008). In our study the recurrence rate was 45.4%. When evaluating recurrence, it is often difficult to distinguish tumour relapse from bone cavities arising after the extirpation of KCOT. Marx and Stern (2003) indicate the time when it is possible to distinguish this in radiograph, 18 months after surgery. Most recurrences is then described between 5 to 7 year after surgery (Marx and Stern, 2003; Madras and Lapointe, 2008).

There are many theories explaining the reason for a high frequency of recurrences. Generally recognized are:

 Incomplete tumour removal and activation of its growth (tumour does not need any stimulus to activate the growth) (Marx and Stern, 2003). Due to fragility rupture of the tumours wall often occurs. Despite careful curettage of bone can rest of tumours cells remain in the cavity, activation of the growth causes presence of recurrence (Forssell et al., 1988; Madras and Lapointe, 2008).

- Presence of satellite "daughter" cysts (tumours) developed from the fibrous wall of the removed tumour (Voorsmit et al., 1981; Madras and Lapointe, 2008).
- Formation of new primary KCOT from rest of dental lamina, which are presented as recurrence (Madras and Lapointe, 2008).

Treatment is always surgical, and it is possible to distinguish two types of surgical treatment: conservative and aggressive (Dammer et al., 1997; Maurette et al., 2006; Madras and Lapointe, 2008).

Conservative therapy means:

- Enucleation (with or without) curettage complete removal of the tumour (eventually followed by curettage of the bone cavity) (Vedtofte and Praetorius, 1979; Jensen et al., 1988; Maurette et al., 2006).
- Marsupialization resection of vestibular part of bone and opening the tumour intraorally (decompression), with delayed enucleation (Brødum and Jensen, 1991; Dammer et al., 1997; Pogrel and Jordan, 2004; Madras and Lapointe, 2008).

Aggressive treatment means:

- Enucleation followed by peripheral ostectomy complete tumour removal with resection of adjacent bone (Chow, 1998; Pogrel and Jordan, 2004; Madras and Lapointe, 2008).
- Enucleation followed by chemical curettage with Carnoy's solution Carnoy's solution is applied into the bone cavity after enucleation for 1 minute, once repeated immediately (Chow, 1998; Stoelinga, 2001; Morgan et al., 2005).
- Enucleation followed by cryotherapy liquid nitrogen (temperature –70 °C) is applied in cavity after enucleation twice for 1 minute (Jensen et al., 1988; el-Hajj and Anneroth, 1996; Schmidt and Pogrel, 2001).
- En bloc resection of the bone with tumour (el-Hajj and Anneroth, 1996; Morgan et al., 2005; Madras and Lapointe, 2008).

Authors evaluate patients, which underwent simple enucleation of KCOT with patients, which underwent enucleation followed by Carnoy's solution enucleation in this study. Carnoy's solution causes superficial necrosis of the bone to a depth of 1.5 mm. This mechanism eliminates remains of tumours cells and satellite microcysts (Hellstein et al., 2007; Madras and Lapointe, 2008). In both groups the recurrence rate was the same: 45.4%. This result does not correlate with other author's results (Voorsmit et al., 1981; Chow, 1998; Stoelinga, 2001), where recurrence rate was significantly lower (0–11%) after enucleation followed by Carnoy's solution application. Morgan et al. (2005) published recurrence rate after application of Carnoy's solution after KCOT enucleation in 50% cases. However the result is influenced by a small number of patients in study (2 patients). Better

effect for reduce development of recurrences has enucleation followed by application of Carnoy's solution and peripheral ostectomy (Chow, 1998; Morgan et al., 2005; Madras and Lapointe, 2008).

Other authors (Voorsmit et al., 1981; Stoelinga, 2001) show, that enucleation followed using Carnoy's solution has significantly lower incidence of relapse than simple tumour enucleation. Results of this study does not support this idea, which may be caused by a relative small set of patients (22 patients) or the fact, that in all cases tumour was penetrating into surrounding tissues. In cases when tumour penetrates into surrounding tissues is complete removal of tumour difficult. Definitive proof of solution effect when penetrates into surrounding tissues is not published. This result in recurrence rate (45.4%) is achieved if only absolute numbers are considered. When evaluating number of recurrences in relation to age groups (0–30, 31–60, 61–90 years), recurrence rate after CS using is reduced (9.2% lower) than in the patients group where the solution was not used.

Stoelinga (2005) recommends removal of tissues adjacent to KCOT when they were in contact with KCOT. In our study was performed enucleation without resection of soft tissues. This fact may be cause of high number of recurrence.

Long-term stable results are obtained by en bloc resection of the jaw (el-Hajj and Anneroth, 1996; Morgan et al., 2005; Madras and Lapointe, 2008). If resection of the jaw is performed, it has to be considered loss of teeth in affected region, loss of the bone (and planning of following reconstruction – i.e. additional surgery) – all facts impairs the patients quality of life.

Whereas authors prefer enucleation with using Carnoy's solution, which may be eventually accompanied by peripheral ostectomy (Chow, 1998; Morgan et al., 2005; Madras and Lapointe, 2008). Generally respected indication for peripheral ostectomy is repeated recurrences after enucleation or extensive multilocular tumour where enucleation itself would lead to breach of continuity of bone (Marx and Stern, 2003; Madras and Lapointe, 2008). The alternative is bone-sparing resection of the jaw for maintaining its continuity (Ghali and Connor, 2003).

The problem of using Carnoy's solution in bone cavity is effect on the alveolar inferior nerve (if denuded or is free in the cavity after procedure). However, from the results of Frerich et al. (1994), Loescher and Robinson (1998), Wolgen (1999) and Hellstein et al. (2007) is not neurotoxic effect of Carnoy's solution permanent (if the application time is to 2 minutes). This confirms the results of our study: hypofunction of inferior alveolar nerve (manifested by hypoesthesia or anesthesia in mental nerve region) was not detected even in one patient.

Conclusion

KCOT is relatively rare benign tumour occurring in facial skeleton, due this fact is necessary to pay attention on every cystic lesion found on X-ray. Risk of KCOT lies in its aggressive and rapid growth and in the high incidence of its recurrence. Aggressive surgical removal of tumour enucleation followed by Carnoy's solution application (eventually accompanied by peripheral ostectomy) plays major role in treatment. Recurrence rate may be still high, as shown in our study – this number is related to tumours diameter. Removal of extensive tumours is difficult. In tumours penetrating to surrounding soft tissues is high risk of leaving remains of pat of KCOT. Our study has shown the need for radical resection of tissues around KCOT. Carnoy's solution application after enucleation reduces recurrence rate of 9.2% compared to cases where performed simple enucleation was, our hypothesis was proved.

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